

BTS Comptabilité et Gestion		SESSION 2021
Langue vivante étrangère : Anglais	Durée : 20 minutes de préparation,	Page 1/1
Epreuve orale obligatoire E12	20 minutes d'épreuve	

Sujet n°3

How Your Office Space Impacts Employee Well-Being

In the last 20 years, the modern office has gone through a number of evolutions. The early 2000s saw the death of cubicle farms and the rise of open floorplans, and 2015 brought waves of ping pong and foosball tables¹ to offices everywhere. While office trends come and go, one thing that does not change is the impact that the office environment has on employee health and wellbeing.

A quality workspace design leads to a less stressful and more productive atmosphere. It's essential that employers take the physical work environment of their employees into consideration. Employees need to feel comfortable and calm in their physical work settings to produce their best work.

According to the Fellowes Workplace Wellness Trend Report, employees also want to work in a healthy environment. Here are some findings from the survey:

- An overwhelming majority (87%) of workers would like their current employer to offer healthier workspace benefits, with options ranging from wellness rooms, company fitness benefits, sit-stands, healthy lunch options and ergonomic seating.
- Interestingly, employees of younger companies are less likely (34%) to be turned down when asking for in-office benefits like sit-stand desks, than employees at established companies (42%).
- 93% of workers in the tech industry said they would stay longer at a company who would offer healthier workspace benefits, with options ranging from wellness rooms, company fitness benefits, sit-stands, healthy lunch options and ergonomic seating.

One company, ROOM, is addressing the growing need for privacy in the workplace with their phone booth, a sound-proofed, ventilated, powered booth that can give employees a place to take a video call or get some uninterrupted time to focus on work.

Adapted from www.forbes.com, Jan 24, 2019

1. *Foosball tables*: mini baby foot